

БАШИРОВА СТАЛИНА

*АВТОРСКИЙ СБОРНИК
НОТНОГО
СОПРОВОЖДЕНИЯ ДЛЯ
ГИМНАСТИЧЕСКОГО
КОМПЛЕКСА
УПРАЖНЕНИЙ НА
ПОЛУ*

для детей младшего школьного
возраста



Пособие для концертмейстеров «Авторский сборник нотного сопровождения для гимнастических упражнений на полу». Сборник предназначен для проведения гимнастических упражнений на полу для детей младшего школьного возраста. Сборник включает только авторские произведения. Составитель – концертмейстер образцового хореографического ансамбля «Солнышко» Баширова Сталина Маликовна.

О Сборнике

В данный сборник вошли авторские композиции для самых основных упражнений, выполняемых детьми на полу, мелодии различной ритмической и жанровой направленности, наиболее подходящие к данным гимнастическим упражнениям. Характер музыкальных произведений передает детям понимание выполняемых упражнений, и каждое движение выполняется более осмысленно благодаря простоте, диапазону или красочности звучания, что также способствует развитию образного мышления, эмоциональному восприятию.

Надеюсь, что данный сборник будет полезен в дальнейшем для концертмейстеров.

Упражнение для стоп

Легко, умеренно

mf

Chords: C, G, G7, C

Chords: G, C

Chords: F, C, C7, C

Chords: F, C, C

Grand batman на полу

Тротажно

The first system of music is written for piano in 3/4 time. It consists of two staves. The upper staff is in treble clef and contains a melodic line with several slurs and dynamic markings including *mf* and *f*. The lower staff is in bass clef and provides a harmonic accompaniment with chords and some rests.

The second system of music continues the piece, starting at measure 9. It also consists of two staves. The upper staff continues the melodic line with slurs and dynamic markings. The lower staff continues the harmonic accompaniment with chords and rests.

Русалка. Прогибы спины.

Мяло, протамно

musical score for the first system, measures 1-8. The piece is in 3/4 time and D major. The first staff (treble clef) begins with a *mf* dynamic marking. The music features a melody in the right hand and a bass line in the left hand, with various chords and intervals.

musical score for the second system, measures 9-16. The melody continues with more complex intervals and chords, maintaining the 3/4 time signature.

musical score for the third system, measures 17-24. The key signature changes to D minor (one flat) starting at measure 17. The melody and bass line continue with similar rhythmic patterns.

musical score for the fourth system, measures 25-32. The key signature changes back to D major (no sharps or flats) starting at measure 25. The piece concludes with a final cadence in the right hand.

Наклоны

Шеренго

musical notation for measures 1-8, including a *mf* dynamic marking.

musical notation for measures 9-16.

musical notation for measures 17-23.

musical notation for measures 24-30.

musical notation for measures 31-32, ending with a double bar line.

Бабочка

Скоро

The first system of music consists of two staves. The upper staff is in treble clef and the lower in bass clef. The key signature has one sharp (F#) and the time signature is 3/4. The music begins with a forte (f) dynamic marking. The melody in the right hand features eighth and quarter notes, while the left hand provides a steady accompaniment of chords and single notes.

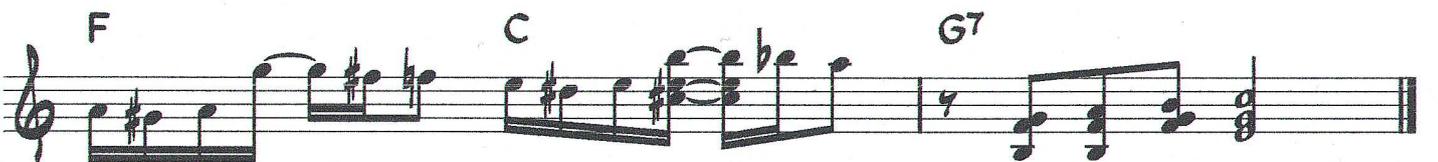
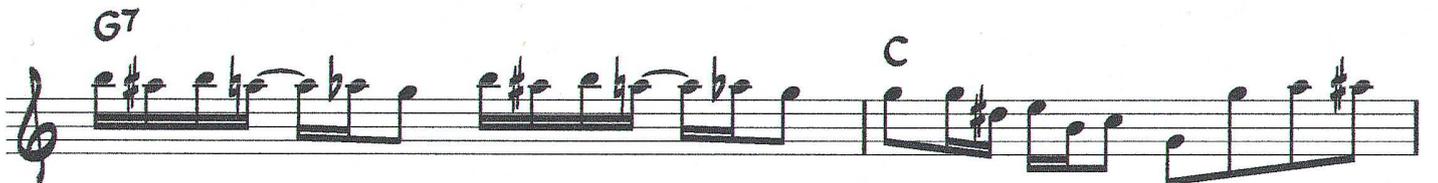
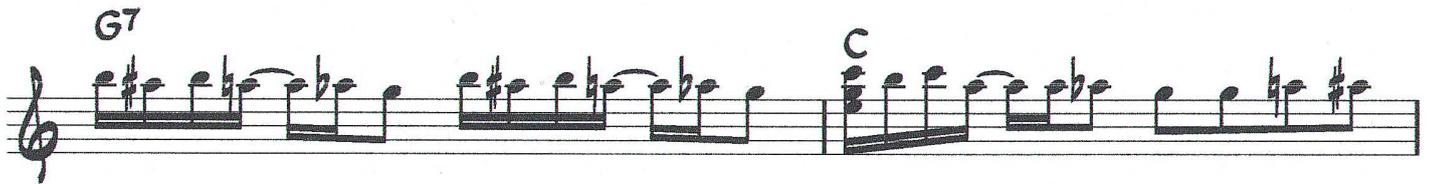
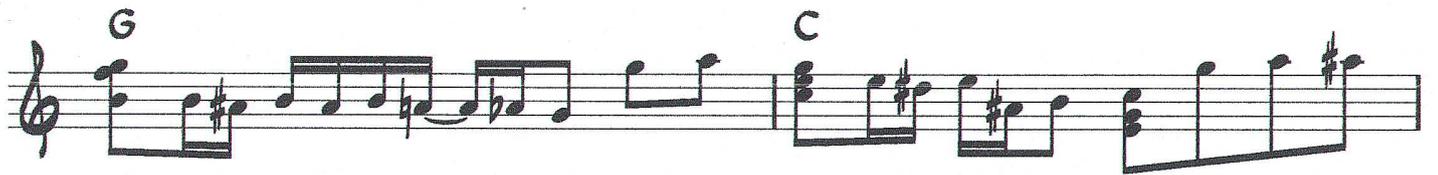
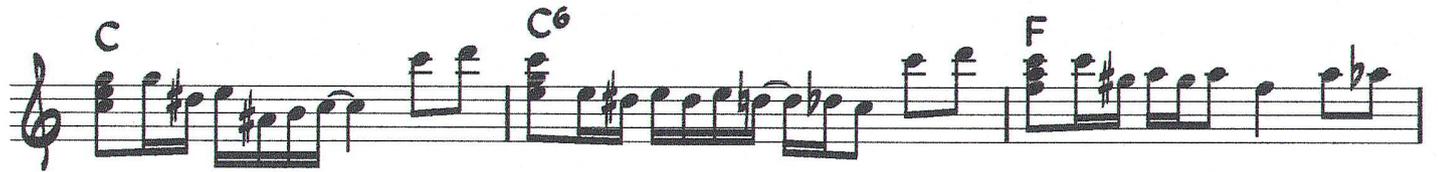
The second system continues the piece, starting at measure 5. It maintains the same key signature and time signature. The melodic line in the right hand continues with eighth notes and quarter notes, often beamed together. The left hand accompaniment consists of chords and moving lines.

The third system begins at measure 13. The notation includes various musical symbols such as slurs, ties, and dynamic markings. The right hand features more complex rhythmic patterns and some longer note values. The left hand continues with a consistent accompaniment.

The fourth system starts at measure 24 and concludes the piece. It features a final melodic flourish in the right hand and a concluding accompaniment in the left hand. The piece ends with a fermata over the final chord.

Кошечка с собачкой

Живо, весело



Корзинка

Спокойно

The first system of musical notation for 'Корзинка' consists of two staves. The upper staff is in treble clef with a key signature of two sharps (F# and C#) and a 6/8 time signature. It begins with a whole note chord, followed by a series of eighth-note chords and a final quarter note. The lower staff is in bass clef with the same key signature and time signature, featuring a melodic line of eighth and quarter notes. A dynamic marking of *mf* is placed above the first measure of the bass staff.

The second system of musical notation continues the piece. The upper staff features a series of eighth-note chords, some with slurs, and a final quarter note. The lower staff continues the melodic line with eighth and quarter notes, including a fermata over the final note.

The third system of musical notation concludes the piece. The upper staff shows a continuation of the eighth-note chordal texture, ending with a final chord. The lower staff continues the melodic line, ending with a quarter note and a fermata.

Лягушка

Ритмично, легко



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